



SIMPLE. HONEST.

AFFORDABLE.

HEALTH INSURANCE.

Big Benefits for Large Groups



All we are saying is

GIVE CHOICE A CHANCE.

7,500+ statewide providers
3 no-cost behavioral care visits
low-cost/no-cost prescriptions
flexible plan designs
worldwide urgent/emergency care

Welcome to New Mexico Health Connections (NMHC), a different kind of health insurance for large businesses. NMHC was incorporated in 2012 to be an innovator and catalyst for change in the health insurance industry, specifically for uninsured and underinsured New Mexicans. NMHC has quickly grown to become a full-service health insurance company, and now offers health coverage to individuals, small groups, and large groups.

We are a non-profit CO-OP health plan. That means we reinvest any profit into programs and services that benefit our members. In the next few pages, we'll explain what that means for you and your employees, and how we can support you in your goal to provide comprehensive, affordable benefits to your organization.

Our mission is to help our members improve their health. Our medical management team provides a "high-touch" experience to help members avoid unnecessary hospitalizations. Our focus on early intervention, preventive care, wellness programs, and case and disease management helps lower healthcare costs for all. That's good news not only for your employees, but for your company's bottom line, too.

CO-OPs

Profits are reinvested to expand benefits and lower premiums for members

HEALTH INSURANCE FOR PEOPLE BEFORE PROFITS

NMHC is a consumer operated and oriented health plan (CO-OP), established with funding through the Affordable Care Act. The CO-OP mission is to expand competition in the health insurance marketplace by ensuring that there are affordable health plan choices available for individuals and businesses.

CO-OP health plans are unique in two significant ways. The first is the CO-OP model itself, which put members as the highest priority. CO-OP health plans are governed by a Board of Directors, of whom 50% or more must be elected from NMHC membership. This means members have influence on the direction of the health plan and ensures that NMHC will always stay completely focused on what is best for the member.

CO-OP health plans are also non-profit organizations, so this means they are mission-driven rather than profit-driven. As a non-profit CO-OP, NMHC is required to return all income that exceeds expenses to its members, in the form of expanded member benefits or lower premiums. And, NMHC's money stays in New Mexico, whether through payments to healthcare providers or invested in member benefits.

NMHC is a customer-centric health plan, so we are better able to work closely with our contracted providers to coordinate our members' healthcare. This emphasis on their health helps our providers focus on caring for members and lowers members' overall healthcare costs. To best serve our members, NMHC has built a robust provider network that covers the state, and includes Lubbock and El Paso, Texas.

NMHC innovations are oriented to keeping members well¹. We offer:

- A \$0 copay for generic medications for several chronic conditions, including asthma, bipolar disorder, chronic obstructive pulmonary disease, congestive heart failure, coronary artery disease, depression, diabetes, hypercholesterolemia, and hypertension.
- A \$0 copay for most generic behavioral health medications.
- A \$0 copay for the first 3 behavioral health visits for most of our plans.
- Copays² for acupuncture, chiropractic, and substance abuse care will keep your workforce happier, healthier, and more productive.

NMHC offers competitive rates and will work with you to support your company's unique needs. We can create flexible plans that provide specific customer service support. Our health plan holds Accreditation status from the National Committee of Quality Assurance (NCQA), an indicator of healthcare quality and value that employers look for.

\$0 COPAY

We actively help your employees to stay healthy by offering plans with three no-cost behavioral health visits each year. Most of our plans offer \$0 copays¹ for generic medications for several common chronic conditions. And offering copays² for acupuncture, chiropractic, and substance abuse care will keep your workforce happier, healthier, and more productive.

¹ Does not apply to high-deductible plans.
² Copays apply only to in-network providers.

¹ Does not apply to high-deductible plans.
² Copays apply only to in-network providers.



Big Discounts

for Large Employers

MEDICAL MANAGEMENT

As a physician-led health plan, our top priority is connecting our members to the care they need to help them be healthier. Our medical management team is experienced in both the clinical and the insurance areas of the healthcare system. We know that healthcare is a confusing environment to navigate, and we base our medical management approach on what we know works best for employees and employers. We believe keeping a good balance between physical health and behavioral health reduces work absences, improves productivity, and makes for a healthier and happier employee. While we work to improve our members' health outcomes and lower healthcare costs, we never forget that we are working with individual people.

CARE CONNECTION PROGRAMS

The NMHC Medical Management Division consists of tenured clinical professionals who create innovative ways to improve our members' care experiences. Because NMHC is a new kind of health plan—one that values health over profits—we move nimbly and innovate quickly. We demonstrate these abilities and priorities in our medical management programs:

- 1 Promote optimal wellness by connecting medical and behavioral services.
- 2 Connect with members frequently.
- 3 Implement programs that prevent unnecessary hospital stays and emergency room visits.
- 4 Partner with third parties to provide a complete view of a member's health status and use of healthcare services.

WELLNESS OFFERINGS FOR EMPLOYER GROUPS

We embrace the patient-centered coordinated care approach and support its use throughout our network of healthcare providers to keep members healthy and connected to their providers. Through our employer wellness offerings, we also help employees take charge of their own health by giving them the tools they need to make healthier choices. Our wellness consultants help to design turn-key participation or outcomes-based wellness programs that will help to reduce healthcare costs, increase productivity, and improve the lives of each member of your team. We offer a multi-phase approach and participation incentives can be added to increase both compliance and program impact. Team activity challenges, biometric screening, and online health resources can be part of your program.

EASY ENROLLMENT

We make enrollment simple with online employer census enrollment.



**Big Benefits
for Large Businesses**

7,500+ providers statewide

 All emergencies are covered nationwide

\$0 **COPAY** for first 3 primary care visits for some plans

Source: NMHC Provider Directory

Call our Sales Team:
505.322.2360 or call your agent

myNMHC.org

**SIMPLE.
HONEST.
AFFORDABLE.
HEALTH
INSURANCE.**



new mexico
health
connections

2440 Louisiana Blvd. NE Suite 601
Albuquerque, New Mexico 87110
Toll-Free: 855 7MY-NMHC (769-6642)

