

Providers: We heard you! Attached is a list of possible formulary alternatives to assist with the prescribing process for NMHC members. NMHC provides coverage for brand and generic products in many drug categories.

- **The \$0 copay does not apply to all of our health plans.** Members should call Customer Service at 1.855.769.6642 to determine if their plan provides \$0 copay coverage for many chronic conditions.
- **Generic drugs** typically provide the **best value and lowest copay.**
- NMHC also provides coverage for a list of **“preferred” generic/branded products for several chronic conditions** that are available at no copay to NMHC members.
- Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of **low-cost generics** that may result in lower out-of-pocket costs, when compared to a prescription copay.

Non-formulary/Non-preferred/Prior Authorization Required Product Name	Condition	Alternatives (list is not all-inclusive)	Notes
Accu-Chek Blood Glucose Test Strips	Diabetes	One Touch Test Strips (Ultra Blue and Verio)	
Androderm	Low Testosterone	Androgel, Androxy	
Apidra	Diabetes	Novolog, Humalog	
Asmanex	Asthma	Flovent , Pulmicort	Product in bold is on the \$0 copay drug list
Belsomra	Insomnia (unable to sleep)	eszopiclone, zolpidem, zaleplon, temazepam	
Celebrex	Arthritis	celecoxib (generic for Celebrex), diclofenac , etodolac, ibuprofen , meloxicam , nabumetone, naproxen , oxaprozin	Product in <i>italics</i> may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS, etc.) and could cost less than a prescription copay.
Ciloxan	Eye Infection	ciprofloxacin, gatifloxacin, ofloxacin, Vigamox	
Climara Pro	Women’s Health	Combipatch	
Concerta	Attention Deficit Hyperactivity Disorder (ADHD)	amphetamine/dextroamphetamine, methylphenidate, Vyvanse, Strattera, Daytrana, Quillivant XR	
Cymbalta	Mental Health	duloxetine (generic for Cymbalta)	Generic product is on the \$0 copay drug list. Some “generics” cost more than the branded product. Ask your pharmacist to dispense the lowest-cost product.
Dulera	Asthma	Advair, Symbicort	
Edarbi	High Blood Pressure	losartan , valsartan , candesartan , irbesartan , olmesartan	Products in bold are on the \$0 copay drug list.
Enablex	Overactive Bladder	oxybutynin, tolterodine, Gelnique, Toviaz, Vesicare, Oxytrol for Women (over-the-counter)	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay.

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Entresto	Heart Failure	benazepril, fosinopril, lisinopril, quinapril, ramipril, candesartan, irbesartan, losartan, olmesartan	Products in bold are on the \$0 copay drug list.
Exalgo	Pain	morphine sulfate ER, Oxycontin, Opana ER, fentanyl patch	
Fanapt	Mental Health	aripiprazole, olanzapine, quetiapine, risperidone, ziprasidone , Seroquel XR	Products in bold are on the \$0 copay drug list.
Farxiga	Diabetes	Invokana is on formulary, but requires step therapy. Other drug options include: metformin, glipizide, glyburide, pioglitazone, nateglinide, acarbose , Januvia, Bydureon, Victoza	Products in bold are on the \$0 copay drug list.
Flonase	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Focalin XR	Attention Deficit Hyperactivity Disorder (ADHD)	amphetamine/dextroamphetamine, methylphenidate, Vyvanse, Daytrana, Quillivant XR, Strattera	
Fortamet (osmotic)	Diabetes	metformin ER (non-osmotic) —generic for Glucophage XR	Generics are available for Fortamet, but cost is many times greater than generic Glucophage XR. Metformin ER (non-osmotic) is on the \$0 copay drug list.
Jardiance	Diabetes	Invokana is on formulary, but requires step therapy. Other drug options include: metformin, glipizide, glyburide, pioglitazone, nateglinide, acarbose , Januvia, Bydureon, Victoza	Products in bold are on the \$0 copay drug list.
Jublia	Toenail Fungus	ciclopirox nail lacquer, terbinafine	Product in italics may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS, etc) and could cost less than a prescription copay.

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Kerydin	Toenail Fungus	ciclopirox nail lacquer, terbinafine	Product in italics may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS, etc) and could cost less than a prescription copay.
Livalo	High Cholesterol	atorvastatin, simvastatin, lovastatin, pravastatin, fluvastatin , rosuvastatin	Products in bold are on the \$0 copay drug list.
Lunesta	Insomnia (unable to sleep)	eszopiclone (generic for Lunesta)	
Movantik	Constipation (from use of potent pain medications--opioids)	Miralax (over-the-counter), bisacodyl (over the counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Nasacort	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Nexium	Gastrointestinal Reflux (GERD)	esomeprazole magnesium (generic for Nexium), omeprazole, lansoprazole, pantoprazole, rabeprazole, Nexium 24-hr (over-the-counter), Prevacid 24-hour (over-the-counter), Prilosec OTC	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Niaspan ER	Elevated Lipids (cholesterol/triglycerides)	niacin extended release	Some "generics" cost more than the branded product. Ask your pharmacist to dispense the lowest cost agent.
Omnaris	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Picato Gel	Actinic Keratoses (scaly skin patches due to sun exposure)	fluorouracil cream	
Premarin Vaginal Cream	Women's Health	Estrace Vaginal Cream, Yuvaferm	
Proventil HFA	Asthma	Proair HFA, Ventolin HFA	
Qnasl	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.

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QVAR	Asthma	Flovent , Pulmicort	Product in bold is on the \$0 copay drug list
Relistor	Constipation (from use of potent pain medications--opioids)	Miralax (over-the-counter), bisacodyl (over the counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Restasis	Chronic Dry Eyes	artificial tears (over-the-counter)	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay.
Rhinocort Aqua	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, Nasacort Allergy (over-the-counter) ,Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Rozerem	Insomnia (unable to sleep)	eszopiclone, zolpidem, zaleplon, temazepam	
Savaysa	Blood Clotting Disorder	warfarin , Eliquis, Pradaxa, Xarelto	Product in bold is on the \$0 copay drug list.
Tanzeum	Diabetes	Byetta, Bydureon, Victoza (each requires step therapy through another covered diabetes drug)	
Tobrex	Eye Infection	tobramycin (generic for Tobrex), gentamicin	
Tradjenta	Diabetes	Januvia, Onglyza (each requires step therapy through another covered diabetes drug)	
Tresiba	Diabetes	Lantus, Levemir	
Veramyst	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay.
Viberzi	Irritable Bowel Syndrome with Diarrhea	alosetron, Imodium A-D (over-the-counter), loperamide	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay.
Viibryd	Mental Health	bupropion, citalopram, escitalopram, fluoxetine, mirtazapine, paroxetine, venlafaxine , Pristiq	Products in bold are on the \$0 copay drug list.
Xifaxan	Irritable Bowel Syndrome with Diarrhea	alosetron, Imodium A-D (over-the-counter), loperamide	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay.