

If You Have Asthma

We cover many medications used to manage asthma. Asthma medications may be categorized in one of two ways.

- **Controller** medications should be used regularly to prevent asthma symptoms.
- **Rescue** medications should be used infrequently, when immediate relief of asthma symptoms (wheezing, trouble breathing, coughing) is needed.

To get the most out of your pharmacy benefit, talk with your provider about using the products that are on our formulary (list of covered drugs). Using only those products that are on our formulary can save you money. Examples of commonly used, covered products include:

GENERICS (You will pay the least amount out of your own pocket for generic drugs)

Controller Medications:

- Budesonide (nebulizer suspension available on \$0 copay list)
- Cromolyn (nebulizer solution available on \$0 copay list)
- Montelukast (available on \$0 copay list)
- Theophylline (available on \$0 copay list)
- Zafirlukast (available on \$0 copay list)

Rescue Medications:

- Albuterol (some dosage forms available on the \$0 copay list)
- Levalbuterol (nebulizer solution available on the \$0 copay list)

PREFERRED BRANDS (You will pay more for preferred brand-name drugs than for generics, but will pay less than you would for non-preferred brand-name drugs)

Rescue Medications: PROAIR HFA PROAIR Respiclick Ventolin HFA

Controller Medications:

- Advair Diskus
- Advair HFA
- Arnuity Ellipta
- Breo Ellipta
- Flovent Diskus
- Flovent HFA
- Pulmicort Flexhaler
- Serevent Diskus
- Symbicort

If You Have Diabetes

We cover many medications and supplies used to manage diabetes. To get the most out of your pharmacy benefit, talk with your provider about using the products that are on our formulary. Using only those products that are on our formulary can save you money.

Covered insulins that are available at a preferred-brand copay include:

- Long-acting insulin: Lantus, Toujeo
- Short-acting insulin: Humalog
- Lilly insulins, including Humulin N, Humulin R, and Humulin 70/30

Covered supplies that are available at a tier 2 (preferred-brand copay) include:

- One Touch Ultra Blue Test Strips
- One Touch Verio Test Strips
- One Touch Lancets
- One Touch Lancing Device
- One Touch Ultra and Verio Control Solutions

New Mexico Health Connections also covers many other oral and injectable drugs that treat diabetes. Please review our formulary for details.