



NMHC has established criteria and processes to adopt, update, and disseminate clinical practice guidelines (CPGs) that are relevant to the needs of our members. It is intended that CPGs support decision-making of practitioners and members as applicable to specific clinical and behavioral health service needs. Our CPGs provide “best practice” evidence-based resources and form a basis for our efforts to monitor and address the delivery of health care and outcomes for our members.

2016 Clinical Practice Guidelines

Condition	Evidence	Reference	URL
Diabetes	Standards of Medical Care in Diabetes – 2016	American Diabetes Association (ADA) <i>Diabetes Care</i> ; 39 (Supplement 1):S4-S5 (2016) <i>Diabetes Care</i> ; 39 (Supplement 1):S1-112 (2016)	Executive Summary: http://care.diabetesjournals.org/content/39/Supplement_1/S4.full.pdf+html Full Report: http://care.diabetesjournals.org/content/39/Supplement_1
Asthma	National Heart Lung and Blood Institute (NHLBI), Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma	National Institutes of Health (NIH) NHLBI, NIH Publication No. 08-4051 (2007)	Summary Report: http://www.nhlbi.nih.gov/guidelines/asthma/asthsumm.pdf Full Report: http://www.nhlbi.nih.gov/guidelines/asthma/asthgdln.pdf
Depression	Health Care Guideline for Major Depression in Adults in Primary Care – 2016	Institute for Clinical Systems Improvement (ICSI), 17th Ed. (2016)	https://www.icsi.org/_asset/fnhdm3/DeInteractive0512b.pdf
Attention-Deficit Hyperactivity Disorder	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit Hyperactivity Disorder in Children and Adolescents – 2011	American Academy of Pediatrics (AAP) <i>Pediatrics</i> ; 128 (5):1007-1022 (2011)	http://pediatrics.aappublications.org/content/pediatrics/early/2011/10/14/peds.2011-2654.full.pdf

2016 Preventive Health Guidelines

Prevention	Evidence	Reference	URL
Pediatric	Prevention and health promotion for infants, children, adolescents, and their families.	American Academy of Pediatrics (AAP) Bright Futures, 3rd Edition Guidelines, Tool and Resource Kit (2008) Bright Futures, Pocket Guide (2008)	Tool Kit: http://brightfutures.aap.org/3rd_Edition_Guidelines_and_Pocket_Guide.html Pocket Guide: http://brightfutures.aap.org/pdfs/BF3%20pocket%20guide_final.pdf
Adult	Preventive Services Recommendations for Adults	United States Preventive Services Task Force (various dates)	Full Report: http://www.uspreventiveservicestaskforce.org/Page/Name/recommendations Pocket Guide: http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/index.html
Immunization	Centers for Disease Control and Prevention, Vaccines and Immunizations	Advisory Committee for Immunization Practices (ACIP), (2016)	http://www.cdc.gov/vaccines/hcp/acip-recs/vacc-specific/index.html
Perinatal	Routine Prenatal Care	Institute for Clinical Systems Improvement (ICSI), 15th Ed. (2012)	https://www.icsi.org/_asset/13n9y4/Prenatal-Interactive0712.pdf