

FREE PERKS FOR NEW MEXICO HEALTH CONNECTIONS MEMBERS

# labor of love

Expecting a baby is an exciting and life-changing journey. Lovelace would like to make your pregnancy experience as stress-free and memorable as possible.

New Mexico Health Connection members who join the Labor of Love program get free access to yoga classes, a prenatal education book after taking a birthing center tour and a one year Explora Museum membership for their family after their Lovelace delivery. Let us help you stay well by referring you to an OB doctor or nurse midwife. We can also help you determine what insurance options are available to you during your pregnancy. As you plan for your new baby, plan on Lovelace's Labor of Love Program.

#### ADDITIONAL BENEFITS THROUGH OUR LABOR OF LOVE PROGRAM INCLUDE:

- Help finding health insurance
- Free prenatal and postnatal yoga classes
- Free prenatal education book after attending a free Labor of Love birthing center tour
- Free Loving Health seminars and webinars
- Weekly pregnancy and parenting e-newsletters
- One year family membership at Explora Science Center and Children's Museum (if baby is delivered at Lovelace)

#### ALL LOVELACE FAMILY BIRTHING CENTER MOMS HAVE ACCESS TO:

- Mini Mommy Massage after delivery
- Special meal after delivery
- A complimentary meal for one guest
- Baby's first photo shoot and one free photograph
- Tote bag and baby t-shirt
- New Parents Support Group
- A copy of "The Story of You"

#### To sign up or learn more about the Lovelace Labor of Love Program:

- Visit [lovelace.com/laboroflove.com](http://lovelace.com/laboroflove.com)
- Call 505.727.7677 (toll-free: 888.727.4531)
- Email [LaborOfLove@lovelace.com](mailto:LaborOfLove@lovelace.com)



# Lovelace Women's Hospital



## Exceptional, comfortable and convenient care.

The Family Birthing Center at Lovelace Women's Hospital brings more than 3,600 babies into the world each year with the help of dedicated physicians, nurses and midwives in a supportive, soothing environment.

### LABOR AND DELIVERY SERVICES

- Traditional & High-risk OB
- Natural Birthing Center
- Obstetrics & Midwifery Services
- 24/7 OB Anesthesia Services
- Hydrotherapy during labor with jetted tubs
- Vaginal Delivery after C-Section (VBAC program)
- Neonatal Intensive Care Unit (NICU)
- Maternal Fetal Medicine for high-risk OB consultation and care.
- Women's Care Unit
- OB Triage/Antenatal Testing Unit (ATU)
- Lactation Services
- Loving Start Prenatal Education Classes

# Lovelace Westside Hospital



## Serenity. Comfort. Westside convenience.

Lovelace Women's Hospital Birthing Center at Lovelace Westside Hospital is delivering our expertise, care and quality west of the Rio Grande, giving families a convenient option closer to their Rio Rancho or Westside home.

### LABOR AND DELIVERY SERVICES

- Labor, Delivery, Recovery and Postpartum Care all in one room
- Hydrotherapy during labor with jetted tubs
- Obstetrics & Midwifery Services
- 24/7 OB Anesthesia
- OB Surgical Suite
- Loving Start Prenatal Education Classes
- Lactation support
- Inpatient pediatric unit & Kid-friendly ER

# Lovelace Regional Hospital - Roswell



## Comfortable, convenient and high-quality care.

When you deliver at Lovelace Regional Hospital, you can be assured that you will be surrounded by compassionate, board-certified specialists in a soothing environment.

### LABOR AND DELIVERY SERVICES

- Traditional obstetrics (OB)
- 24/7 OB anesthesia
- Hydrotherapy available during labor