

## Recommended Preventive Visits, Immunizations, and Developmental Milestones for Your Child from Birth Through 15 Months

Child's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

		Birth	1 Month	2 Months	4 Months	6 Months	12 Months	15 Months
<b>Recommended Preventive Visits</b>		Within the first 15 months of life, we recommend that your child visit with a doctor <b>a minimum of six times</b> .						
<b>Recommended Immunizations (Shots)</b>	Hepatitis B	<input type="checkbox"/> HepB	<input type="checkbox"/> HepB <sup>1</sup>			<input type="checkbox"/> HepB (Final dose administered between 6 and 18 months)		
	Rotavirus			<input type="checkbox"/> RV	<input type="checkbox"/> RV	<input type="checkbox"/> RV		
	Diphtheria, Tetanus, Pertussis			<input type="checkbox"/> DTaP	<input type="checkbox"/> DTaP	<input type="checkbox"/> DTaP		<input type="checkbox"/> DTaP
	<i>Haemophilus influenzae</i> type b			<input type="checkbox"/> HiB	<input type="checkbox"/> HiB	<input type="checkbox"/> HiB	<input type="checkbox"/> HiB	
	Pneumococcal			<input type="checkbox"/> PCV	<input type="checkbox"/> PCV	<input type="checkbox"/> PCV	<input type="checkbox"/> PCV	
	Inactivated Poliovirus			<input type="checkbox"/> IPV	<input type="checkbox"/> IPV	<input type="checkbox"/> IPV		
	Influenza (Flu)					<input type="checkbox"/> Influenza, first dose <sup>2</sup> <input type="checkbox"/> Influenza, second dose		
	Measles, Mumps, Rubella						<input type="checkbox"/> MMR	
	Varicella						<input type="checkbox"/> Varicella	
	Hepatitis A						<input type="checkbox"/> HepA (The second dose should be given 6 to 18 months later.)	
<b>Milestones*</b>	<p>Milestones should be achieved by the end of the age indicated.</p> <p>Talk to your child's doctor about age-appropriate milestones if your child was born prematurely (before his or her due date).</p>	<ul style="list-style-type: none"> <li>Recognizes caregiver's voice</li> <li>Turns head toward breast or bottle</li> <li>Communicates through body language</li> </ul>	<ul style="list-style-type: none"> <li>Starts to smile</li> <li>Raises head when on tummy</li> <li>Calms down when rocked, cradled or sung to</li> </ul>	<ul style="list-style-type: none"> <li>Begins to smile at people</li> <li>Coos, makes gurgling sounds</li> <li>Begins to follow things with eyes</li> <li>Can hold head up</li> </ul>	<ul style="list-style-type: none"> <li>Babbles with expression</li> <li>Likes to play with people</li> <li>Reaches for toy with one hand</li> <li>Brings hands to mouth</li> </ul>	<ul style="list-style-type: none"> <li>Knows familiar faces</li> <li>Responds to own name</li> <li>Brings things to mouth</li> <li>Rolls over in both directions</li> </ul>	<ul style="list-style-type: none"> <li>Cries when mom or dad leaves</li> <li>Says "mama" and "dada"</li> <li>Copies gestures (for example, waves "bye")</li> <li>May stand alone</li> </ul>	<ul style="list-style-type: none"> <li>Imitates what you are doing</li> <li>Drinks from a cup</li> <li>Scribbles on his own</li> <li>Walks well</li> </ul>
<b>Growth</b>	<p>At each well child visit, enter date, length, weight, and percentile information to keep track of your child's progress.</p>	<p>_____</p> <p>Weight/Percentile</p> <p>_____</p> <p>Length/Percentile</p> <p>_____</p> <p>Head Circumference</p>	<p>_____</p> <p>Weight/Percentile</p> <p>_____</p> <p>Length/Percentile</p> <p>_____</p> <p>Head Circumference</p>	<p>_____</p> <p>Weight/Percentile</p> <p>_____</p> <p>Length/Percentile</p> <p>_____</p> <p>Head Circumference</p>	<p>_____</p> <p>Weight/Percentile</p> <p>_____</p> <p>Length/Percentile</p> <p>_____</p> <p>Head Circumference</p>	<p>_____</p> <p>Weight/Percentile</p> <p>_____</p> <p>Length/Percentile</p> <p>_____</p> <p>Head Circumference</p>	<p>_____</p> <p>Weight/Percentile</p> <p>_____</p> <p>Length/Percentile</p> <p>_____</p> <p>Head Circumference</p>	<p>_____</p> <p>Weight/Percentile</p> <p>_____</p> <p>Length/Percentile</p> <p>_____</p> <p>Head Circumference</p>

Sources: Adapted from Centers for Disease Control and Prevention (CDC).

Shaded boxes indicate the vaccine can be given during the shown age range.

<sup>1</sup> The second dose of HepB may be given either at the 1 month or 2 month visit.

<sup>2</sup> Two doses given at least four weeks apart are recommended for children aged 6 months through 8 years of age who are getting a flu vaccine for the first time and for some other children in this age group.

\* Milestones adapted from Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents Third Edition, edited by Joseph Hagan, Jr., Judith S. Shaw, and Paula M. Duncan, 2008, Elk Grove Village, IL: American Academy of Pediatrics.

If your child has any medical conditions that put him at risk for infections or is traveling outside the United States, talk to your child's doctor about additional vaccines that he may need.