

New Mexico Health Connections (NMHC) wants to help you get the most out of your prescription drug benefit. Being savvy about prescription drugs can save you money. NMHC provides coverage for brand and generic products in many drug categories. Generic drugs undergo a rigorous approval process by the Food and Drug Administration to ensure safety/efficacy and typically provide the best value and lowest copay. NMHC also provides coverage for a list of "preferred" generic/branded products for nine (9) chronic conditions that are available at no copay to NMHC members. Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs, when compared to a prescription copay. **NOTE:** Over-the-counter alternative products are often not covered by the benefit plan. In this situation, the member would need to pay out-of-pocket for these products (insurance coverage would not be used). This list may help you identify alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy. Version: January 2019

Non-Formulary/Non-Preferred/Prior-Authorization-Required Product Name	Condition	Alternatives (list is not all-inclusive)	Notes
Accu-chek Blood Glucose Test Strips	Diabetes	One Touch Test Strips (Ultra Blue and Verio)	
Amitiza	Irritable Bowel Syndrome with Constipation, Chronic Idiopathic Constipation	Miralax (over-the-counter), bisacodyl (over the counter), lactulose solution	
Androderm	Low Testosterone	Androgel	All drugs in this class require prior authorization
Apidra	Diabetes	Novolog, Humalog	
Asmanex	Asthma	Flovent , Pulmicort	Products in bold are on the \$0 copay drug list
Belsomra	Insomnia (unable to sleep)	eszopiclone, zolpidem, zaleplon, temazepam	
Climara Pro	Women's Health	estradiol patch, Combipatch	
Colchicine 0.6mg (generic)	Gout	Colcrys (brand)	
Cymbalta	Mental Health	duloxetine (generic for Cymbalta)	Generic product is on the \$0 copay drug list. Some "generics" cost more than the branded product. Ask your pharmacist to dispense the lowest cost product.
Daytrana	Attention Deficit Hyperactivity Disorder (ADHD)	methlyphenidate ER (LA) capsules-24 hour, atomoxetine	
Dulera	Asthma/COPD	Advair, Symbicort, BreoEllipta	
Edarbi	High Blood Pressure	losartan, irbesartan, olmesartan	Products in bold are on the \$0 copay drug list
Enablex	Overactive Bladder	darifenacin (generic for Enablex), oxybutynin, tolterodine, trospium, Gelnique, Toviaz, Vesicare, Oxytrol for Women (over-the-counter)	Oxytrol for Women (over-the-counter) is not a covered benefit, but may cost less than a prescription copay (depending on your plan)
Epipen/Epipen Jr.	Allergic Reaction	epinephrine auto-injector (generic by Mylan)	
esomeprazole magnesium	Gastrointestinal Reflux (GERD)	esomeprazole sodium, omeprazole, lansoprazole, pantoprazole, rabeprazole, Nexium 24 hr (over-the counter)	
Fanapt	Mental Health	aripiprazole, olanzapine, quetiapine, risperidone, ziprasidone, quetiapine XR	Products in bold are on the \$0 copay drug list
Farxiga	Diabetes	metformin, glipizide, glyburide, pioglitazone. Invokana, Januvia, Byetta, Bydureon, and Victoza are also options, but require step therapy.	Products in bold are on the \$0 copay drug list

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Fortamet (or generic metformin ER osmotic)	Diabetes	metformin ER (non-osmotic) --generic for Glucophage XR	Generics are available for Fortamet, but cost is many times greater than generic Glucophage XR. Metformin ER (non-osmotic) is on the \$0 copay drug list.
frovatriptan	Migraine	almotriptan, eletriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	
Glumetza (or generic metformin ER film-coated)	Diabetes	metformin ER (non-osmotic) --generic for Glucophage XR	
Jardiance	Diabetes	metformin, glipizide, glyburide, pioglitazone. Invokana, Januvia, Byetta, Bydureon, and Victoza are also options, but require step therapy.	Products in bold are on the \$0 copay drug list
Jublia	Toenail Fungus	ciclopirox nail lacquer, terbinafine	Product in <i>italics</i> may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS,etc) and could cost less than a prescription copay (depending on your plan)
Kerydin	Toenail Fungus	ciclopirox nail lacquer, terbinafine	Product in <i>italics</i> may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS,etc) and could cost less than a prescription copay (depending on your plan)
Linzess	Irritable Bowel Syndrome with Constipation, Chronic Idiopathic Constipation	Miralax (over-the-counter), bisacodyl (over the counter), lactulose solution	
Movantik	Constipation (from use of potent pain medications--opioids)	Miralax (over-the-counter), bisacodyl (over the counter), lactulose solution	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
nadolol	High Blood Pressure	atenolol , betaxolol, carvedilol , metoprolol , pindolol, propranolol	Products in bold are on the \$0 copay drug list
Novolin R, Novolin N, Novolin 70/30	Diabetes	Humulin R, Humulin N, Humulin 70/30	Novolin will pay at the nonpreferred tier (Tier 3); Humalog will pay at lower-cost, Tier 2
Novolog, Novolog Mix	Diabetes	Humalog, Humalog Mix	Novolog will pay at the nonpreferred tier (Tier 3); Humalog will pay at lower-cost, Tier 2
Nycynta	Pain	morphine sulfate, oxycodone, hydromorphone, tramadol, hydrocodone, codeine	Many opioid pain relievers require prior authorization and/or have quantity limitations
omeprazole-sodium bicarbonate	Gastrointestinal Reflux (GERD)	esomeprazole sodium, omeprazole, lansoprazole, pantoprazole, rabeprazole , Nexium 24 hr (over-the counter), Zegerid OTC	
Onglyza	Diabetes	Januvia, Tradjenta (each requires step therapy through another covered diabetes drug)	
Picato Gel	Actinic Keratoses (scaly skin patches due to sun exposure)	fluorouracil cream	
Premarin Vaginal Cream	Women's Health	estradiol vaginal cream, Yuvafem vaginal inserts	
Proventil HFA	Asthma	Proair HFA, Ventolin HFA	

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QVAR RediHaler	Asthma	Flovent , Pulmicort Flexhaler	Products in bold are on the \$0 copay drug list
Relistor	Constipation (from use of potent pain medications--opioids)	Miralax (over-the-counter), bisacodyl (over the counter), lactulose solution	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Restasis	Chronic Dry Eyes	artificial tears (over-the-counter)	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay (depending on your plan)
Rozerem	Insomnia (unable to sleep)	eszopiclone, zolpidem, zaleplon, temazepam	
Savaysa	Blood Clotting Disorder	warfarin , Eliquis, Pradaxa, Xarelto	Product in bold is on the \$0 copay drug list
Trintellix	Mental Health	bupropion, citalopram, desvenlafaxine, escitalopram, fluoxetine, mirtazapine, paroxetine, venlafaxine,	Products in bold are on the \$0 copay drug list
Venlafaxine ER tablets	Mental Health	venlafaxine ER capsules	
Viberzi	Irritable Bowel Syndrome with Diarrhea	alosetron, Imodium A-D (over-the-counter), loperamide	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay (depending on your plan)
Xifaxan	Irritable Bowel Syndrome with Diarrhea	alosetron, Imodium A-D (over-the-counter), loperamide	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay (depending on your plan)