

To get the most out of your pharmacy benefit, talk with your provider about using the products that are on our formulary (list of covered drugs). Using only those products that are on our formulary can save you money.

If You Have Asthma

We cover many medications used to manage asthma. Asthma medications may be categorized in one of two ways.

- **Controller** medications should be used regularly to prevent asthma symptoms.
- **Rescue** medications should be used infrequently, when immediate relief of asthma symptoms (wheezing, trouble breathing, coughing) is needed.

Examples of commonly used, covered products include:

GENERICS (You will pay the least amount out of your own pocket for generic drugs)

Controller Medications:

- Budesonide (nebulizer suspension available on \$0 copay list)
- Cromolyn
- Montelukast (available on \$0 copay list)
- Theophylline (available on \$0 copay list)
- Zafirlukast
- Zileuton ER

Rescue Medications:

- Albuterol (some dosage forms available on \$0 copay list)
- Levalbuterol

PREFERRED BRANDS

Rescue Medications:

- PROAIR HFA
- PROAIR Resplick
- Ventolin HFA

Controller Medications:

- Advair Diskus
- Advair HFA
- Arnuity Ellipta
- Breo Ellipta
- Flovent Diskus
- Flovent HFA (available on \$0 copay list)
- Pulmicort Flexhaler
- Serevent Diskus
- Symbicort

If You Have Diabetes

We cover many medications and supplies used to manage diabetes.

Covered insulins available at a **preferred-brand copay** include:

- Long-acting insulin: Lantus, Toujeo, Levemir
- Short-acting insulin: Humalog
- Lilly insulins, including Humulin N, Humulin R, and Humulin 70/30 (vials and Kwipens, where available from the manufacturer)

Covered supplies available at a **preferred-brand copay** include:

- One Touch Ultra Blue Test Strips
- One Touch Verio Test Strips
- Lancets
- Accu-chek Lancets (FastClix, Multiclix, SoftTouch, Softclix)

Covered single-agent metformin products include:

- Metformin immediate-release—generic for Glucophage® (generic drug copay)
- Metformin extended-release, 500mg and 750mg—generic for Glucophage XR® (generic drug copay)
- Metformin Oral Solution (non-preferred drug copay)

New Mexico Health Connections also covers many other oral and injectable drugs that treat diabetes. Please review our 2019 Prescription Drug Formulary, available on mynmhc.org/Formulary.aspx, for details. Diabetes medications are listed on pages 34-35 of the formulary.