

**Providers: We heard you!** Attached is a list of possible formulary alternatives to assist with the prescribing process for NMHC members. NMHC provides coverage for brand and generic products in many drug categories. **The \$0 copay does not apply to all of our health plans.** Members should call Customer Service at 1.855.769.6642 to determine if their plan provides \$0 copay coverage for many chronic conditions. **Generic drugs** typically provide the **best value and lowest copay**. NMHC also provides coverage for a list of "preferred" generic/branded products for several chronic conditions that are available at no copay to NMHC members. Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs, when compared to a prescription copay. The attached list may assist in identifying alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy.

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NONFORMULARY/NONPREFERRED/PRIOR AUTHORIZATION REQUIRED PRODUCT NAME	CONDITION	ALTERNATIVES (list is not all-inclusive)	NOTES
Accu-chek Blood Glucose Test Strips	Diabetes	One Touch Test Strips (Ultra Blue and Verio)	
Amphetamine-Dextroamphetamine (generic for Adderall XR)	Attention Deficit Hyperactivity Disorder (ADHD)	methlyphenidate ER (LA) capsules-24 hour, atomoxetine	
Androderm	Low Testosterone	Androgel, Androxy	All drugs in this class require prior authorization
Apidra	Diabetes	Novolog, Humalog	
Asmanex	Asthma	<b>Flovent</b> , Pulmicort	Products in bold are on the \$0 copay drug list
Belsomra	Insomnia (unable to sleep)	eszopiclone, zolpidem, zaleplon, temazepam	
Celebrex	Arthritis	celecoxib (generic for Celebrex), <b>diclofenac</b> , etodolac, <b>ibuprofen</b> , <b>meloxicam</b> , nabumetone, <b>naproxen</b> , oxaprozin	Product in italics may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS, etc) and could cost less than a prescription copay (depending on your plan)
Ciloxan	Eye Infection	ciprofloxacin, gatifloxacin, ofloxacin	
Climara Pro	Women's Health	estradiol patch, Combipatch	
Colchicine 0.6mg (generic)	Gout	Colcrys (brand)	
Concerta	Attention Deficit Hyperactivity Disorder (ADHD)	methlyphenidate ER (LA) capsules-24 hour, atomoxetine	
Cymbalta	Mental Health	<b>duloxetine</b> (generic for Cymbalta)	Generic product is on the \$0 copay drug list. Some "generics" cost more than the branded product. Ask your pharmacist to dispense the lowest cost product.
Daytrana	Attention Deficit Hyperactivity Disorder (ADHD)	methlyphenidate ER (LA) capsules-24 hour, atomoxetine	
Dexmethylphenidate	Attention Deficit Hyperactivity Disorder (ADHD)	methlyphenidate ER (LA) capsules-24 hour, atomoxetine	
Dulera	Asthma/COPD	Advair, Symbicort, BreoEllipta	
Edarbi	High Blood Pressure	<b>losartan</b> , <b>valsartan</b> , <b>candesartan</b> , <b>irbesartan</b> , olmesartan	Products in <b>bold</b> are on the \$0 copay drug list
Enablex	Overactive Bladder	darifenacin (generic for Enablex), oxybutynin, tolterodine, trospium, Gelnique, Toviaz, Vesicare, Oxytrol for Women (over-the-counter)	Oxytrol for Women (over-the-counter) is not a covered benefit, but may cost less than a prescription copay (depending on your plan)

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Entresto	Heart Failure	<b>benazepril, fosinopril, lisinopril, quinapril, ramipril, candesartan, irbesartan, losartan, olmesartan</b>	Products in <b>bold</b> are on the \$0 copay drug list
Epipen/Epipen Jr.	Allergic Reaction	epinephrine injection (generic by Mylan)	
Exalgo	Pain	morphine sulfate ER, Oxycontin (brand), fentanyl patch	
Fanapt	Mental Health	aripiprazole, <b>olanzapine, quetiapine, risperidone, ziprasidone, quetiapine XR</b>	Products in <b>bold</b> are on the \$0 copay drug list
Farxiga	Diabetes	<b>Invokana is on formulary, but requires step therapy.</b> Other drug options include: <b>metformin, glipizide, glyburide, pioglitazone, nateglinide, acarbose.</b> Januvia, Byetta, Bydureon, and Victoza are also options, but require step therapy.	Products in <b>bold</b> are on the \$0 copay drug list
Flonase	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, triamcinolone acetonide, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Focalin XR	Attention Deficit Hyperactivity Disorder (ADHD)	amphetamine/dextroamphetamine, dexamethylphenidate, methylphenidate ER (LA) capsules-24 hour, atomoxetine	
Fortamet (osmotic)	Diabetes	<b>metformin ER (non-osmotic)</b> --generic for Glucophage XR	Generics are available for Fortamet, but cost is many times greater than generic Glucophage XR. Metformin ER (non-osmotic) is on the \$0 copay drug list.
Gelnique	Overactive Bladder	darifenacin, oxybutynin, tolterodine, trospium, Toviaz, Vesicare, Oxytrol for Women (over-the-counter)	Oxytrol for Women (over-the-counter) is not a covered benefit, but may cost less than a prescription copay (depending on your plan)
Jardiance	Diabetes	<b>Invokana is on formulary, but requires step therapy.</b> Other drug options include: <b>metformin, glipizide, glyburide, pioglitazone, nateglinide, acarbose.</b> Januvia, Byetta, Bydureon, and Victoza are also options, but require step therapy.	Products in <b>bold</b> are on the \$0 copay drug list
Jublia	Toenail Fungus	ciclopirox nail lacquer, <b><i>terbinafine</i></b>	Product in <b>italics</b> may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS, etc) and could cost less than a prescription copay (depending on your plan)
Kerydin	Toenail Fungus	ciclopirox nail lacquer, <b><i>terbinafine</i></b>	Product in <b>italics</b> may be on low-cost drug lists at retail pharmacies (such as Walmart, Walgreens, CVS, etc) and could cost less than a prescription copay (depending on your plan)
Latuda	Mental Health	aripiprazole, <b>olanzapine, quetiapine, risperidone, ziprasidone, quetiapine XR</b>	
Livalo	High Cholesterol	<b>atorvastatin, simvastatin, lovastatin, pravastatin, fluvastatin, rosuvastatin</b>	Products in <b>bold</b> are on the \$0 copay drug list

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Lunesta	Insomnia (unable to sleep)	eszopiclone (generic for Lunesta), zolpidem, zaleplon, temazepam	
methylphenidate ER	Attention Deficit Hyperactivity Disorder (ADHD)	methlyphenidate ER (LA) capsules-24 hour, atomoxetine	
Movantik	Constipation (from use of potent pain medications--opioids)	Miralax (over-the-counter), bisacodyl (over the counter), lactulose solution	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Nasacort	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, triamcinolone acetonide, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but may cost less than a prescription copay (depending on your plan)
Nexium	Gastrointestinal Reflux (GERD)	esomeprazole magnesium (generic for Nexium), omeprazole, lansoprazole, pantoprazole, rabeprazole, Nexium 24-hr (over-the-counter), Prevacid 24-hour (over-the-counter), Prilosec OTC	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Niaspan ER	Elevated Lipids (cholesterol/triglycerides)	niacin extended release	Some "generics" cost more than the branded product. Ask your pharmacist to dispense the lowest cost product.
Novolin R, Novolin N, Novolin 70/30	Diabetes	Humulin R, Humulin N, Humulin 70/30	Novolin will pay at the nonpreferred tier (Tier 3); Humalog will pay at lower-cost, Tier 2
Novolog, Novolog Mix	Diabetes	Humalog, Humalog Mix	Novolog will pay at the nonpreferred tier (Tier 3); Humalog will pay at lower-cost, Tier 2
Omnaris	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, triamcinolone acetonide, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Onglyza	Diabetes	Januvia, Tradjenta (each requires step therapy through another covered diabetes drug)	
Oxycodone ER tablets (generic)	Pain	morphine sulfate ER, Oxycontin (brand), fentanyl patch	
Picato Gel	Actinic Keratoses (scaly skin patches due to sun exposure)	fluorouracil cream	
Premarin Vaginal Cream	Women's Health	Estrace Vaginal Cream, Yuvaferm vaginal inserts	
Proventil HFA	Asthma	Proair HFA, Ventolin HFA	
Qnasl	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, triamcinolone acetonide, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Quillivant	Attention Deficit Hyperactivity Disorder (ADHD)	amphetamine/dextroamphetamine, methylphenidate ER (LA) capsules-24 hour, atomoxetine	
QVAR/QVAR RediHaler	Asthma	<b>Flovent</b> , Pulmicort Flexhaler	Products in bold are on the \$0 copay drug list

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Relistor	Constipation (from use of potent pain medications--opioids)	Miralax (over-the-counter), bisacodyl (over the counter), lactulose solution	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Restasis	Chronic Dry Eyes	artificial tears (over-the-counter)	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay (depending on your plan)
Rozerem	Insomnia (unable to sleep)	eszopiclone, zolpidem, zaleplon, temazepam	
Savaysa	Blood Clotting Disorder	<b>warfarin</b> , Eliquis, Pradaxa, Xarelto	Product in <b>bold</b> is on the \$0 copay drug list
Tobrex	Eye Infection	tobramycin (generic for Tobrex), gentamicin	
Tresiba	Diabetes	Lantus, Levemir	
Trintellix	Mental Health	<b>bupropion, citalopram</b> , desvenlafaxine, <b>escitalopram, fluoxetine, mirtazapine, paroxetine, venlafaxine,</b>	Products in <b>bold</b> are on the \$0 copay drug list
Veramyst	Allergic Rhinitis/Hay Fever	budesonide, fluticasone propionate, flunisolide, mometasone furoate, triamcinolone acetonide, Nasacort Allergy (over-the-counter), Flonase Allergy Relief (over-the-counter), Rhinocort Allergy (over-the-counter)	Over-the-counter products listed are not covered benefits, but could cost less than a prescription copay (depending on your plan)
Viberzi	Irritable Bowel Syndrome with Diarrhea	alosetron, Imodium A-D (over-the-counter), loperamide	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay (depending on your plan)
Viibryd	Mental Health	<b>bupropion, citalopram</b> , desvenlafaxine, <b>escitalopram, fluoxetine, mirtazapine, paroxetine, venlafaxine,</b>	Products in <b>bold</b> are on the \$0 copay drug list
Vyvanse	Attention Deficit Hyperactivity Disorder (ADHD)	methlyphenidate ER (LA) capsules-24 hour, atomoxetine	
Xifaxan	Irritable Bowel Syndrome with Diarrhea	alosetron, Imodium A-D (over-the-counter), loperamide	Over-the-counter product listed is not a covered benefit, but could cost less than a prescription copay (depending on your plan)