



Preventive Visits, Immunizations, and Developmental Milestones for Your Child from 18 Months Through 6 Years

Show this chart to your primary care provider (PCP). Ask him or her any questions you have about these guidelines. Our guidelines are for people who do not have symptoms of disease or illness. People who do show symptoms of disease or illness fall outside these guidelines. Such people should be treated by their providers as needed. All or some of these services may be covered by New Mexico Health Connections, depending on your policy. These guidelines are not a guarantee of New Mexico Health Connections coverage.

Child's Name: _____

Birth Date: _____

		18 Months	19-23 Months	2 Years	3 Years	4 Years	5 Years	6 Years	
Recommended Preventive Visits		<input type="checkbox"/> Preventive Visit Due		<input type="checkbox"/> Preventive Visit Due					
Recommended Immunizations	Hepatitis B (HepB)	<input type="checkbox"/> HepB, 3rd dose							
	Diphtheria, Tetanus, Pertussis (DTap)	<input type="checkbox"/> DTap, 4th dose				<input type="checkbox"/> DTap, 5th dose			
	Inactivated Poliovirus (IPV)	<input type="checkbox"/> IPV, 3rd dose				<input type="checkbox"/> IPV, 4th dose			
	Influenza (Flu) ¹	<input type="checkbox"/> Influenza, 1 or 2 doses							
	Measles, Mumps, Rubella (MMR)					<input type="checkbox"/> MMR, 2nd dose			
	Varicella					<input type="checkbox"/> Varicella, 2nd dose			
	Hepatitis A (HepA)	<input type="checkbox"/> HepA, 2nd dose							
	Meningococcal								
Milestones	Milestones should be achieved by the end of the age indicated.	Says several single words	Plays mainly beside other children	Can name most familiar things		Speaks very clearly			
	Talk to your child's doctor about age-appropriate milestones if your child was born prematurely.	Points to one body part	Follows two-step commands	Shows affection for friends without prompting		Tells stories			
	May walk up steps and run	Plays make-believe games	Turns book pages one at a time		Can print some letters or numbers				
	Recognizes caregiver's voice	Throws ball overhand	Kicks a ball		Hops; may be able to skip				

Recommended age for all children

Special circumstances; check with your provider²

Can be given for catch-up immunization

Sources: Adapted from Centers for Disease Control and Prevention (CDC); Milestones adapted from Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents Third Edition, edited by Joseph Hagan, Jr., Judith S. Shaw, and Paula M. Duncan, 2008, Elk Grove Village, IL: American Academy of Pediatrics.

- Two doses given at least four weeks apart are recommended for children aged 6 months through 8 years of age who are getting a flu vaccine for the first time and for some other children in this age group.
- If your child has any medical conditions that put him or her at risk for infections or is traveling outside the United States, talk to your child's doctor about additional vaccines that he or she may need.